

# AVOHK 5k Series 2015 (South Bay )

(10 OCT 2015, Temp:24 - 28C Relative Humidity: 65-90%)

OVERALL	CAT RANK	CAT	BIB	NAME	OFFICAL TIME	CHIP TIME	SPLIT TIME
1	1	MO	M368	GAVIN MASSINGHAM	0:15:49	0:15:47	0:07:48
2	1	M35	M039	ASHLEY MILES	0:16:04	0:16:03	0:07:48
3	2	MO	M351	CHUN YIN LI	0:16:05	0:16:03	0:07:49
4	3	MO	M372	MICHAEL TOZER	0:16:20	0:16:19	0:08:05
5	4	MO	M328	BONN LEE	0:16:31	0:16:29	0:08:06
6	1	M17	M283	HUGO WARD	0:16:32	0:16:31	0:07:58
7	5	MO	M365	THOMAS BOOTH	0:16:35	0:16:34	0:08:13
8	6	MO	M347	JEFFREY CAMPBELL	0:16:37	0:16:35	0:07:59
9	2	M35	M008	EDWARD GUMBLEY	0:16:40	0:16:40	0:08:13
10	1	M40	M059	CHRIS WHARTON	0:16:42	0:16:41	0:08:15
11	1	M50	M151	MO DEVLIN	0:17:06	0:17:05	0:08:29
12	7	MO	M356	DAN FALCONAR	0:17:10	0:17:08	0:08:15
13	8	MO	M349	LEWIS FUNG	0:17:13	0:15:32	
14	2	M17	M286	MARSHALL TORY	0:17:18	0:17:16	0:08:09
15	9	MO	M332	HOI CHEUNG JONATHAN LEUNG	0:17:30	0:17:28	0:08:32
16	3	M35	M017	KAT LAI	0:17:31	0:17:29	0:08:37
17	10	MO	M301	RICHARD COWLEY	0:17:32	0:17:31	0:08:28
18	1	M13	M242	MARK RUSSELL	0:17:34	0:17:32	0:08:33
19	11	MO	M425	SCOTT HOOPER	0:17:43	0:17:43	0:08:36
20	2	M13	M254	JAKE WIMBUSH	0:17:44	0:17:43	0:08:34
21	4	M35	M423	MATT MOROZ	0:17:47	0:17:46	0:08:39
22	12	MO	M293	YUK TONG LEE	0:17:50	0:17:48	0:08:54
23	3	M17	M287	ANGUS CHOW	0:17:52	0:17:48	0:08:30
24	13	MO	M327	CHUNG YIN LING	0:17:55	0:17:52	0:08:44
25	1	M15	M261	CHUN KIT YEUNG	0:18:01	0:17:58	0:08:44
26	4	M17	M285	WING JUN CHENG	0:18:02	0:18:00	0:08:54
27	5	M17	M288	WONG WON FUNG OSCAR	0:18:06	0:18:02	0:09:00
28	2	M15	M268	ADRIAN HYMN TSE	0:18:08	0:18:06	0:08:57
29	14	MO	M289	CHRIS DAVIS	0:18:10	0:18:08	0:08:52
30	2	M50	M191	NGOK WA FRANKIE LAM	0:18:10	0:18:08	0:08:44
31	15	MO	M338	PIERRE PENICAUD	0:18:14	0:18:11	0:08:59
32	5	M35	M019	STUART SLAVICKY	0:18:16	0:18:16	0:08:38
33	1	L17	W147	ERIN BROWN	0:18:16	0:18:14	0:08:56
34	3	M50	M161	MARK REEVES	0:18:16	0:18:15	0:08:47
35	1	LO	W151	JANE RICHARDS	0:18:20	0:18:18	0:09:04
36	16	MO	M309	NOEL VERNUS	0:18:21	0:18:14	0:08:37
37	17	MO	M311	JASON JIA	0:18:23	0:18:21	0:08:55
38	3	M15	M277	CLAYTON GIBB	0:18:41	0:18:41	0:09:07
39	2	M40	M063	MAN-SING, MICHAEL CHEUNG	0:18:43	0:18:42	0:08:59
40	18	MO	M353	PATRICK TURNER	0:18:44	0:18:39	0:09:08
41	4	M15	M263	CHUNG HIM WAI	0:18:44	0:18:41	0:09:14
42	3	M13	M250	RYAN HAY TSE	0:18:47	0:18:44	0:09:21
43	2	LO	W162	WING HAY YU	0:18:48	0:18:47	0:09:01
44	19	MO	M374	MIKE THURBON	0:18:49	0:18:44	0:09:11
45	20	MO	M326	KANOK CHOY	0:18:54	0:18:45	0:09:15
46	1	L35	W027	MICHELLE LOWRY	0:18:57	0:18:54	0:09:15

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OVERALL	CAT RANK	CAT	BIB	NAME	OFFICAL TIME	CHIP TIME	SPLIT TIME
47	3	M40	M085	CHI FAI CHEUNG	0:18:58	0:18:56	0:08:59
48	5	M15	M259	MICHAEL TSE	0:18:59	0:18:57	0:09:16
49	6	M15	M270	NG WAI HEI NG WAI HEI	0:19:01	0:18:59	0:09:15
50	21	MO	M343	FLORENT SOLLIER	0:19:03	0:18:56	0:09:24
51	4	M40	M060	ROBERT SMITH	0:19:07	0:19:03	0:09:07
52	5	M40	M076	PING NGAI HUNG	0:19:09	0:19:06	0:09:04
53	6	M40	M422	ALBERT TSANG	0:19:09	0:19:02	0:09:27
54	6	M35	M042	TAT FUNG VAN TO	0:19:14	0:19:08	0:09:25
55	7	M15	M262	CHIU HO WONG	0:19:17	0:19:14	0:09:29
56	22	MO	M334	TSZ LEUNG CHAN	0:19:20	0:19:04	0:10:00
57	1	M60	M225	KWOK WING SING	0:19:21	0:19:19	0:09:30
58	7	M35	M052	TAK LUN, TERRENCE WONG	0:19:25	0:19:22	0:09:16
59	1	M45	M143	WAI MING JOSEPH CHAN	0:19:30	0:19:28	0:09:19
60	8	M15	M260	FUNG CHUN TAT	0:19:33	0:19:32	0:09:17
61	9	M15	M280	MATTEO ZULLO	0:19:33	0:19:32	0:09:07
62	2	L17	W141	ISABELLA STEAINS	0:19:36	0:19:32	0:09:28
63	1	L45	W059	ANGELINA KONG	0:19:39	0:19:36	0:09:27
64	4	M13	M239	CLANCY STEAINS	0:19:40	0:19:36	0:09:15
65	2	M45	M119	WO YUEN CHAN	0:19:43	0:19:39	0:09:39
66	23	MO	M367	SHEK WAH CHAN	0:19:49	0:19:44	0:09:23
67	1	L40	W033	RACHEL SPROSTON	0:19:51	0:19:48	0:09:36
68	2	L35	W019	SASKIA BOWERS	0:19:52	0:19:45	0:09:43
69	5	M13	M247	SUI HIM CHEUNG	0:19:56	0:19:52	0:09:52
70	24	MO	M358	KWAN LAM ANGUS LAU	0:19:57	0:19:49	0:09:40
71	7	M40	M075	PAUL PENKETT	0:19:59	0:19:56	0:09:30
72	25	MO	M392	DOMENICO CONTI	0:19:59	0:19:48	0:09:48
73	1	L13	W251	JASMIN DREW	0:20:01	0:20:01	0:09:20
74	26	MO	M359	HIU TUNG LAM	0:20:02	0:19:53	0:09:46
75	10	M15	M276	KARL MARTIN	0:20:08	0:20:06	0:09:37
76	27	MO	M329	CORN SIM	0:20:08	0:20:01	0:09:58
77	3	L17	W144	VICTORIA WITT	0:20:12	0:20:07	0:09:50
78	3	LO	W185	WIEN LEE	0:20:17	0:20:14	0:09:53
79	4	M50	M157	TATSUYA KADONAGA	0:20:26	0:20:20	0:09:49
80	11	M15	M398	TSUN KIT CHARLES TANG	0:20:26	0:20:22	0:09:51
81	8	M40	M090	HOI TAT CHOW	0:20:34	0:20:31	0:09:48
82	5	M50	M170	YIU WAI HONG	0:20:44	0:20:37	0:10:16
83	2	L40	W035	ANN CHENG-ECHEVARRIA	0:20:44	0:20:41	0:10:17
84	3	M45	M112	TAI CHIU KO	0:20:50	0:20:32	0:10:13
85	4	LO	W192	CHRISTINA SJOHOLM	0:20:51	0:20:46	0:10:05
86	2	M60	M221	KEN GREER	0:20:53	0:20:51	0:10:02
87	28	MO	M310	JAMES PAGE	0:20:53	0:20:43	0:09:54
88	4	M45	M116	ANDERS FERNSTROM	0:20:55	0:20:51	0:10:21
89	6	M13	M399	JAKE GRAHAM	0:20:55	0:20:52	0:09:46
90	7	M13	M248	CHUN WAI CHAK	0:20:56	0:20:52	0:10:01
91	1	M55	M206	FORD CHAN	0:20:57	0:20:55	0:10:11
92	2	L13	W122	HOI KIU WONG	0:20:58	0:20:55	0:09:55

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OVERALL	CAT RANK	CAT	BIB	NAME	OFFICAL TIME	CHIP TIME	SPLIT TIME
93	12	M15	M258	KEISTAN KOSUKE TSANG	0:21:02	0:20:58	0:09:13
94	3	L13	W112	CADE WRIGHT	0:21:02	0:21:00	0:09:52
95	6	M50	M186	YIU MING LAU	0:21:07	0:21:04	0:10:15
96	29	MO	M291	LAU CUONG TA	0:21:09	0:20:57	0:10:43
97	2	L45	W064	CAMILLA FERNSTROM	0:21:13	0:21:09	0:10:21
98	9	M40	M057	ANDREW SALTON	0:21:18	0:21:11	0:10:53
99	10	M40	M402	JEAN-FRANCOIS RAYMOND	0:21:19	0:21:14	0:10:20
100	3	L35	W252	ABIGAIL WARDS	0:21:21	0:21:15	0:10:25
101	7	M50	M411	NICK TAN	0:21:22	0:21:13	0:10:33
102	11	M40	M424	MARK MURRAY	0:21:23	0:21:06	0:10:25
103	8	M35	M396	PAUL CROWE-WERMUND	0:21:24	0:21:13	0:10:32
104	9	M35	M009	MICHAEL TAM	0:21:26	0:21:11	0:10:42
105	1	L55	W099	ANGELA FUNG MING LEUNG	0:21:28	0:21:25	0:10:26
106	12	M40	M421	DAVID RHEE	0:21:37	0:21:28	0:10:57
107	30	MO	M342	JAYMAN LIN	0:21:38	0:21:20	0:11:06
108	2	M55	M205	KAM CHUEN WONG	0:21:42	0:21:37	0:10:44
109	3	L40	W034	PETRINA STEAINS	0:21:43	0:21:36	0:10:30
110	13	M15	M274	KA HIN SIU	0:21:45	0:21:35	0:10:45
111	5	M45	M115	FRANKLIN LEUNG	0:21:45	0:21:26	0:10:47
112	8	M13	M241	CLEMENT BEYLIER	0:21:46	0:21:39	0:10:29
113	6	M45	M111	LAWRENCE TSANG	0:21:46	0:21:35	0:10:39
114	13	M40	M068	SAMUEL LEE	0:21:49	0:21:42	0:10:59
115	14	M15	M420	ERNEST WONG	0:21:52	0:21:48	0:10:26
116	14	M40	M086	KELVIN NG	0:21:53	0:21:46	0:10:37
117	5	LO	W229	FRIEDA KOK	0:21:55	0:21:50	0:10:27
118	1	L15	W129	KAI KAI LI	0:21:55	0:21:52	0:10:19
119	6	LO	W172	HELEN REAL	0:21:57	0:21:50	0:10:29
120	8	M50	M403	MICHAEL THORNEMAN	0:22:00	0:21:43	0:10:46
121	3	M55	M200	SEK TUNG KWOK	0:22:07	0:22:01	0:10:56
122	15	M40	M091	TIM FRANKS	0:22:10	0:22:00	0:11:02
123	4	M55	M199	TAK TIN KENNETH CHOI	0:22:16	0:22:05	0:11:08
124	9	M13	M245	NOK YIN SIN	0:22:26	0:22:13	0:10:41
125	5	M55	M209	HERMANN CHU	0:22:28	0:22:22	0:11:06
126	9	M50	M160	JOHN YOW	0:22:30	0:22:24	0:10:51
127	7	M45	M121	WAI SING LAM	0:22:36	0:22:28	0:10:34
128	10	M50	M181	DANIEL Y P PONG	0:22:38	0:22:24	0:11:04
129	8	M45	M098	ANTHONY STEAINS	0:22:41	0:22:34	0:11:00
130	3	M60	M218	KWOK KEUNG (ALAN) AU	0:22:42	0:22:36	0:11:19
131	6	M17	M284	MING CHIT LAM	0:22:43	0:22:40	0:10:23
132	11	M50	M159	SIU WA HO	0:22:51	0:22:48	0:11:04
133	9	M45	M100	DAMIAN WALSH	0:22:52	0:22:44	0:11:33
134	4	L35	W014	BETTY LAW	0:22:54	0:22:48	0:11:21
135	4	L40	W037	EMMA MCGOVERN	0:22:55	0:22:52	0:11:01
136	4	M60	M216	CHAK YAN CHAN	0:22:58	0:22:54	0:11:16
137	31	MO	M341	TAK LAI LAM	0:22:59	0:22:40	0:11:30
138	16	M40	M073	BRIAN WAI CHI TSUI	0:23:01	0:22:50	0:11:22

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OVERALL	CAT RANK	CAT	BIB	NAME	OFFICAL TIME	CHIP TIME	SPLIT TIME
139	7	LO	W188	HUE YAN STEPHANIE CHAN	0:23:08	0:22:55	0:11:40
140	10	M45	M106	YAN YUN (PATRICK) LI	0:23:14	0:22:59	0:11:20
141	5	L40	W053	JACLYN HUNG	0:23:15	0:23:10	0:11:03
142	10	M35	M022	HIN WAI TO	0:23:20	0:23:10	0:11:13
143	12	M50	M158	MARK HOPE	0:23:26	0:23:22	0:11:21
144	13	M50	M193	ANDREW JONES	0:23:28	0:23:11	0:11:37
145	17	M40	M097	CHRIS COOKE	0:23:31	0:23:20	0:11:24
146	11	M45	M110	CHI MAN LEE	0:23:32	0:23:21	0:10:55
147	4	L13	W124	WING HIN LAU	0:23:36	0:23:34	0:11:07
148	18	M40	M081	STEVEN YIP	0:23:39	0:23:33	0:10:57
149	11	M35	M005	YUK KEUNG LEE	0:23:44	0:23:22	0:11:51
150	15	M15	M275	CHUN HUNG CHAU	0:23:49	0:23:40	0:11:05
151	5	L35	W001	MARGARET KO	0:23:50	0:23:42	0:11:35
152	14	M50	M169	MICHAEL CHUE	0:23:52	0:23:46	0:11:22
153	1	L50	W094	MARGARET CHUI	0:23:54	0:23:52	0:11:19
154	12	M45	M129	ANGUS CHAN	0:23:57	0:23:49	0:11:34
155	12	M35	M414	HENRY SIU	0:24:02	0:23:52	0:11:32
156	6	M55	M211	DANIEL WETTLING	0:24:03	0:23:55	0:11:45
157	13	M35	M016	KA MAN FUNG	0:24:03	0:23:42	0:12:03
158	6	L35	W026	HELEN TOZER	0:24:05	0:23:53	0:11:54
159	10	M13	M401	MAX HOLLOWAY	0:24:06	0:23:59	0:11:35
160	11	M13	M257	HEYWYN KO	0:24:07	0:24:00	0:11:44
161	14	M35	M015	NICHOLAS YEUNG	0:24:12	0:23:58	0:11:38
162	8	LO	W234	JEN SKYM	0:24:13	0:24:01	0:11:57
163	5	L13	W111	KARA CASEY	0:24:18	0:24:16	0:09:52
164	19	M40	M067	WAN HANG CHUNG	0:24:23	0:24:16	0:11:46
165	15	M35	M001	JOSE SANDOVAL	0:24:23	0:24:14	0:10:55
166	3	L45	W068	CHIAKI FJELDDAHL	0:24:27	0:24:24	0:09:57
167	32	MO	M393	KUI SHING LAM	0:24:28	0:24:22	0:11:54
168	4	L45	W060	AMY LAU	0:24:37	0:24:24	0:12:06
169	9	LO	W235	SIN TING SHUM	0:24:39	0:24:33	0:11:56
170	16	M35	M018	KELVIN LEE	0:24:41	0:24:27	0:12:10
171	2	L50	W084	WING KAM HO	0:24:44	0:24:40	0:12:02
172	10	LO	W165	CHRYSO METTA	0:24:45	0:24:36	0:12:04
173	6	L40	W257	NICOLE CROMWELL	0:24:49	0:24:34	0:12:13
174	7	M55	M203	RICHARD MORGAN	0:24:52	0:24:37	0:11:53
175	15	M50	M164	DANIEL KIN WAI LAU	0:24:53	0:24:42	0:11:40
176	5	M60	M224	HENRY TSUI	0:24:54	0:24:51	0:11:58
177	3	L50	W089	LYNDA COGGINS	0:25:00	0:24:54	0:11:57
178	16	M50	M177	TAK KUEN TAM	0:25:08	0:24:49	0:13:00
179	6	L13	W121	YAT YEE NG	0:25:09	0:25:06	0:11:43
180	4	L17	W145	YAU CHOW	0:25:09	0:24:56	0:12:10
181	4	L50	W082	CAROLYN WINGARD-ROBERTSSON	0:25:11	0:25:03	0:12:00
182	17	M50	M149	MICHAEL FEATHERSTON	0:25:13	0:24:56	0:12:36
183	20	M40	M095	LUKE WIMBUSH	0:25:15	0:25:15	
184	13	M45	M107	ALBERT YU	0:25:17	0:25:04	0:12:14

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185	6	M60	M226	HARRY POON	0:25:18	0:25:06	0:11:58
186	8	M55	M210	LEUNG SUM YU	0:25:19	0:24:55	0:12:46
187	5	L50	W095	CECILIA WONG	0:25:20	0:25:10	0:12:28
188	9	M55	M208	YEUNG SHUN CHEONG	0:25:21	0:25:15	0:12:11
189	14	M45	M117	EDDY WANG	0:25:22	0:25:07	0:12:31
190	10	M55	M213	ALEX LAU	0:25:26	0:25:21	0:12:15
191	33	MO	M295	PAK YEUNG KAM	0:25:28	0:25:07	0:12:54
192	34	MO	M292	ROB MA	0:25:34	0:25:25	0:11:21
193	15	M45	M118	MICHAEL JAMES	0:25:36	0:25:18	0:12:47
194	35	MO	M330	ADRIAN HO	0:25:46	0:25:36	0:12:22
195	11	LO	W184	MINGSHI WAN	0:25:47	0:25:31	0:12:16
196	16	M45	M133	KIM HO LAI	0:25:48	0:24:25	0:13:34
197	6	L50	W088	HELEN BRIGHTON	0:25:51	0:25:47	0:12:01
198	7	L13	W117	HIU KEI CHOY	0:25:52	0:25:48	0:12:16
199	5	L17	W146	SZE WAI LI	0:25:53	0:25:40	0:12:16
200	1	M65	M232	FRANK PILKINGTON	0:25:55	0:25:52	0:12:35
201	2	L55	W104	JOCELYN TAM	0:25:59	0:25:45	0:12:21
202	3	L55	W101	LAI FAN HO	0:26:00	0:25:55	0:12:38
203	4	L55	W105	SIU MEE LEUNG	0:26:05	0:26:00	0:12:23
204	17	M45	M130	DOUG BELLINGHAM	0:26:05	0:25:56	0:12:57
205	8	L13	W238	SELA CALDWELL	0:26:06	0:26:04	0:12:19
206	36	MO	M314	LAM CHEUK FUNG	0:26:07	0:25:51	0:12:25
207	37	MO	M391	TOM SHUM	0:26:11	0:25:50	0:13:35
208	18	M45	M126	WAN DAVID HUENG CHI	0:26:12	0:26:07	0:12:20
209	2	M65	M234	WING HUNG LEE	0:26:13	0:26:08	0:12:29
210	7	L50	W086	BELINDA GREER	0:26:17	0:26:14	
211	9	L13	W113	TALLULAH WRIGHT	0:26:22	0:26:20	0:12:22
212	12	LO	W178	MELISA BALDWIN	0:26:22	0:26:00	0:12:45
213	38	MO	M340	ERIK YIP	0:26:23	0:26:12	0:13:13
214	5	L45	W062	FUNG LING EDITH KEUNG	0:26:24	0:26:12	0:12:14
215	2	L15	W131	HAU CHING KATHY SZETO	0:26:25	0:26:12	0:12:49
216	13	LO	W197	DAISY LIN	0:26:25	0:26:05	0:13:05
217	12	M13	M240	ANDREW LIM	0:26:26	0:24:34	0:13:11
218	17	M35	M043	PATRICK LEUNG	0:26:27	0:23:02	0:15:24
219	7	L40	W049	KAREN CHAN	0:26:31	0:26:19	0:12:55
220	3	L15	W130	LOK YAN LYDIA CHING	0:26:38	0:26:26	0:12:49
221	39	MO	M417	JORDAN LAI	0:26:44	0:26:29	0:12:24
222	10	L13	W119	LAI YUNG SIN	0:26:45	0:26:41	0:12:17
223	11	L13	W118	JANICE LOK	0:26:47	0:26:35	0:12:54
224	18	M35	M049	LING CHOI LEON YUEN	0:26:57	0:26:39	0:12:58
225	18	M50	M185	CHUNG SHING CHAN	0:26:58	0:26:44	0:12:02
226	19	M50	M183	MAN WING CHENG	0:26:59	0:26:50	0:12:50
227	8	L40	W040	YVONNE MCMAHON	0:27:00	0:26:49	0:13:57
228	9	L40	W255	JENNIFER THEUNISSEN	0:27:00	0:26:49	0:13:57
229	8	L50	W079	DILYS LOWE	0:27:02	0:26:47	0:12:59
230	10	L40	W056	SZE WAN LAM	0:27:04	0:27:04	

# AVOHK 5k Series 2015 (South Bay )

(10 OCT 2015, Temp:24 - 28C Relative Humidity: 65-90%)

OVERALL	CAT RANK	CAT	BIB	NAME	OFFICAL TIME	CHIP TIME	SPLIT TIME
231	20	M50	M176	JOHN LEUNG	0:27:05	0:26:53	0:13:27
232	19	M35	M010	WING WO NG	0:27:17	0:27:08	0:13:44
233	19	M45	M099	GEOFFREY LIM	0:27:19	0:23:27	0:15:32
234	21	M40	M069	ALBERT HO	0:27:27	0:27:08	0:13:09
235	7	M60	M215	KAM KWONG ANTHONY CHEUNG	0:27:27	0:27:21	0:13:07
236	22	M40	M397	SIDDHARTH SHARMA	0:27:28	0:27:05	0:14:03
237	12	L13	W254	CHLOE WHITTINGTON	0:27:35	0:27:27	0:13:11
238	11	L40	W046	KATHLEEN KA	0:27:35	0:27:18	0:13:07
239	21	M50	M156	DANIEL FU	0:27:40	0:27:28	0:13:32
240	20	M35	M036	KA LUN SCORPUS CHOW	0:27:42	0:27:30	0:12:56
241	14	LO	W248	KLARA CHAN	0:27:43	0:27:26	0:13:24
242	40	MO	M297	CHRISTOPHER HOI WONG	0:27:51	0:27:51	
243	22	M50	M189	CHI KONG LO	0:27:53	0:27:40	0:13:54
244	4	L15	W138	NATASHA STOWE	0:28:01	0:27:58	0:12:26
245	7	L35	W002	JO-ANNE NGALANI	0:28:02	0:27:50	0:13:30
246	8	L35	W032	MAAIKE BRANDSMA	0:28:05	0:27:55	0:13:39
247	41	MO	M319	WING SHUN LUI	0:28:08	0:27:58	0:13:33
248	20	M45	M132	ULICK JAKE	0:28:15	0:27:54	0:14:30
249	21	M45	M105	BENNY LEUNG	0:28:18	0:27:59	0:13:59
250	16	M15	M269	TIN HANG, TITAN LAI	0:28:21	0:25:28	0:14:43
251	8	M60	M222	YUI CHUNG MAK	0:28:31	0:28:10	0:13:30
252	1	L60	W098	EVELYN LIM	0:28:32	0:28:29	0:13:39
253	22	M45	M113	WILSON CHOI	0:28:33	0:28:25	0:12:45
254	15	LO	W152	INGE ROGGEVEEN	0:28:36	0:28:18	0:14:01
255	21	M35	M040	MAN TAK WONG	0:28:44	0:28:29	0:13:47
256	16	LO	W204	LOK MAN CHAN	0:28:47	0:28:29	0:14:25
257	42	MO	M385	ISON CHEUNG	0:28:48	0:28:42	0:13:12
258	2	L60	W107	SUET FAN KWOK	0:28:51	0:28:46	0:13:46
259	22	M35	M014	WAN SHING AU YEUNG	0:28:54	0:28:41	0:13:45
260	11	M55	M201	HIN MAN KONG	0:29:14	0:29:03	0:14:55
261	7	M17	M282	ADRIAN LIM	0:29:20	0:25:39	0:16:07
262	23	M40	M080	ALBERT LING HO LIU	0:29:22	0:29:00	0:13:58
263	23	M50	M166	ISHWAR PARSRAM SHARMA	0:29:32	0:29:16	0:13:56
264	24	M50	M190	CHIN BIU LEE	0:29:35	0:29:23	0:14:04
265	25	M50	M155	YUN HOI NG	0:29:42	0:29:22	0:15:14
266	24	M40	M074	SAMUEL CHAU	0:29:44	0:29:25	0:12:55
267	9	M60	M227	CHUNG TAT CHO	0:29:53	0:29:42	0:14:18
268	17	LO	W211	CICILIA INDRAYANI	0:30:04	0:29:48	0:14:37
269	6	L45	W066	ANNE DAVIS	0:30:35	0:30:21	0:15:27
270	12	L40	W057	TAMMI WILLIAMS	0:30:37	0:30:24	0:15:29
271	3	M65	M231	JOHN FOWLER	0:30:44	0:30:27	0:15:09
272	13	L40	W048	WAI YEE LEUNG	0:30:47	0:30:39	0:14:29
273	43	MO	M336	CHI MAN CHAN	0:30:53	0:30:31	0:15:20
274	18	LO	W244	VIOLA CHAN	0:30:57	0:30:35	0:14:16
275	44	MO	M300	CAMERON WILSON	0:31:01	0:23:09	0:19:04
276	19	LO	W240	SUSANNE HIRNER	0:31:36	0:31:24	0:14:45

# AVOHK 5k Series 2015 (South Bay )

(10 OCT 2015, Temp:24 - 28C Relative Humidity: 65-90%)

OVERALL	CAT RANK	CAT	BIB	NAME	OFFICAL TIME	CHIP TIME	SPLIT TIME
277	13	M13	M251	TIN LONG, TYRON LAI	0:31:42	0:29:19	0:16:16
278	23	M35	M051	NAEEM AHMED	0:31:45	0:31:25	0:14:09
279	9	L35	W013	HIU CHING YAU	0:31:48	0:31:29	0:15:36
280	24	M35	M026	LARRY LUI	0:31:49	0:31:32	0:16:15
281	25	M40	M070	KOK KWONG CHEUNG	0:31:58	0:31:37	0:15:04
282	7	L45	W243	SAU LING SO	0:31:58	0:31:50	0:15:30
283	10	L35	W023	WING YIU YU	0:32:02	0:31:41	0:15:33
284	14	L40	W047	WINNIE CHU	0:32:20	0:32:04	0:15:19
285	20	LO	W183	ALICE SUEN	0:32:21	0:32:02	0:15:37
286	21	LO	W190	ANASTASIA CHAN	0:32:32	0:32:10	0:15:51
287	45	MO	M339	LAWRENCE CHAN	0:32:32	0:32:10	0:15:50
288	25	M35	M035	CHUN KUEN CHOW	0:32:38	0:32:21	0:15:45
289	5	L15	W132	PAK YIU CHOW	0:32:38	0:32:21	0:15:45
290	26	M50	M182	NON HING LAI	0:32:58	0:32:45	0:15:22
291	12	M55	M202	KAM TONG LAM	0:33:08	0:32:55	0:16:26
292	10	M60	M230	STEPHEN K LAU	0:33:21	0:33:21	
293	22	LO	W212	LORENA COMPEAN CASIMIRO	0:34:08	0:30:35	0:17:35
294	11	L35	W007	MAGGIE WONG	0:34:15	0:33:52	0:16:37
295	15	L40	W051	YUEN MAN MOK	0:34:27	0:34:07	0:16:50
296	27	M50	M165	HUNG FAI WONG	0:34:43	0:34:43	
297	16	L40	W055	PRISCILLA CHEUNG	0:34:45	0:34:36	0:15:55
298	12	L35	W015	NICOLE OOI	0:34:47	0:34:47	
299	5	L55	W100	YUK SEUNG LAW	0:35:02	0:34:57	0:16:52
300	13	L13	W116	WING LAM	0:35:02	0:35:02	
301	8	L45	W071	CHI TONG SO	0:35:11	0:32:46	0:18:31
302	46	MO	M355	WAI KI CHAN	0:35:13	0:34:58	0:17:16
303	23	LO	W168	STEPHANIE YIP	0:35:36	0:35:18	0:17:07
304	9	L50	W078	EMILY TAN	0:35:49	0:32:43	0:19:27
305	9	L45	W077	CELIA LAI	0:36:07	0:36:00	0:18:45
306	26	M40	M078	JOHN LEE	0:36:07	0:25:44	0:23:15
307	26	M35	M047	MARK PAVEY	0:36:11	0:36:11	
308	27	M40	M058	ROSS MILWARD	0:36:28	0:36:28	
309	17	L40	W039	WINNDIE FAN	0:36:40	0:36:20	0:17:28
310	24	LO	W253	HYACINTHA FAUSTINO	0:36:47	0:36:39	0:16:32
311	10	L50	W083	ALISON ALEXANDER	0:37:18	0:37:02	0:18:08
312	11	L50	W090	ADA TSE	0:38:35	0:38:20	0:18:03
313	25	LO	W256	PRAGYAN SAMANTRAY	0:38:35	0:38:17	0:18:35
314	28	M50	M394	NOEL RAMIN SANCHEZ	0:38:37	0:29:13	0:23:35
315	47	MO	M388	LEO ENSING	0:39:31	0:39:31	
316	6	L17	W148	WAI HIN LAU	0:44:46	0:44:46	